

Question 1 Answer the following questions:

- i. Explain the concept of Self-Exploration. How do 'Natural Acceptance' and Experiential Validation serve as mechanisms in this process? 7Marks
- ii. Discuss the need, basic guidelines, content, and process for Value Education. Why is Value Education essential in the current socio-cultural context? 7Marks

OR

- i. What are the basic human aspirations? Critically examine the role of continuous happiness and prosperity in fulfilling these aspirations. 7Marks
- ii. Elaborate on the right understanding of relationship and physical facilities. How does the correct prioritization of these elements lead to fulfilment of human aspirations and harmony in life? 7Marks

Question 2 Answer the following questions:

- i. Explain the concept of the human being as a co-existence of 'I' (the sentient self) and the 'Body' (the material aspect). How does this understanding help in achieving inner harmony? 7Marks
- ii. Differentiate between the needs of the Self (Sukh) and the Body (Suvidha). Why is it important to understand and fulfil them correctly? 7Marks

OR

- i. What is the significance of Sanyam (self-regulation) and Swasthya (health) in maintaining harmony between 'I' and the body? Provide a critical appraisal of current physical needs and their misinterpretation. 7Marks
- ii. Discuss the importance of Trust (Vishwas) and Respect (Samman) in human-human relationships. How do they form the foundation of Nyaya and ensure mutual happiness (Ubhay-tripti)? 7Marks

Question 3 Answer the following questions:

- i. Explain the concept of harmony in nature. How do the principles of interconnectedness and mutual fulfilment operate among the four orders of nature? 7Marks
- ii. Discuss the significance of recyclability and self-regulation in nature. How do these features contribute to maintaining ecological balance and harmony? 7Marks

OR

- i. What is meant by 'Existence as Co-existence' (Sah-Astitva)? How does the understanding of all units as mutually interact in all-pervasive space lead to a holistic worldview? 7Marks
- ii. Elaborate on the holistic perception of harmony at all levels of existence self, family, society, nature, and existence. Why is this understanding crucial for sustainable living? 7Marks

Questions 4 Answer the following questions:

- i. What is Natural Acceptance of human values? How does it form the foundation for ethical human conduct and decision-making? 7Marks

