

GUJARAT UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
S Y B.A. PSYCHOLOGY
Semester – IV
Core 211 & Elective – 20
CHILD DEVELOPMENT- II

Total Marks: 100
Marks: Semester End Examination: 70
Continues Internal Evaluation: 30

Objective:

- (1) To acquaint Students with the basic concepts of CHILD DEVELOPMENT (Child psychology)
- (2) To Provide Students a Perspective of Child Development (Child psychology)

UNIT	DETAILED SYLLABUS
UNIT - I	<p><u>PERSONALITY DEVELOPMENT:</u></p> <ul style="list-style-type: none"> ▪ Gender Typing. ▪ The growth Of Personality. <ul style="list-style-type: none"> • Personality of The very Young Child. • Personality of Pre-School Child. • Personality during elementary school years • Personality through early adolescence ▪ Factors that influence- personality Development <ul style="list-style-type: none"> • Body structure & physical condition • General mental ability and special aptitude • The home • The school
UNIT - II	<p><u>Language Development:</u></p> <ul style="list-style-type: none"> ❖ Language Development ❖ The stage of language development ❖ Functions of language ❖ The four faces of language
UNIT - III	<p><u>Intelligence Development</u></p> <ul style="list-style-type: none"> ❖ Definition ❖ Stages of intelligence development ❖ Distribution of intelligence ❖ Resources necessary for creativity

UNIT - IV	<p><u>Moral Development:</u></p> <ul style="list-style-type: none"> • Definition • Factors Influencing On Moral Reasoning <ul style="list-style-type: none"> -Personality -Fear Interaction -Child rearing practice -Scholarship -Culture • Internalization of Moral norms and development of moral understanding. • Development of self-control. • Development of Self control & Aggression.
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Break up of continuous internal evaluation:

1. Present	05 marks
2. Assignment	05 marks
3. Seminar / Field Visit	05 marks
4. Test	15 marks
Total	30 marks

Basic Text Books:

1. *CHILD PSYCHOLOGY*, Lister. D. Crow ALITE CROW, Barnes & Noble inc New York, Copy Right 1953. Reprint 1967. (City Arts College Library Page-155.4/CRO/UGC/2885).
2. *CHILD DEVELOPMENT*, Laura & Berk 6th Edition. Pearson Education, 1st Indian Reprint-2003.
3. *CHILD PSYCHOLOGY*, A Contemporary view point, 3rd Edition,-E Maris Hetherington, Ross, D. Parke. Mc Grew- Hill International Editions Psychology series, International edition 1986.

GUJARAT UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
S Y B.A. PSYCHOLOGY
Semester – IV
Core 212 & Elective – 20
Psychopathology – II

Total Marks: 100

Marks: Semester End Examination: 70

Continues Internal Evaluation: 30

Objective: (1) To acquaint Students with the basic concepts of Psychopathology (abnormal psychology)

(2) To Provide Students a Perspective Psychopathology (abnormal psychology)

UNIT	DETAILED SYLLABUS
UNIT - I	<p>The Addictive Disorders</p> <p>I. Introduction</p> <p>II. The Addictive Disorders</p> <p>III. Alcohol abuse and dependence</p> <p>IV. Prevalence of Alcoholism and its related problems</p> <p>V. Clinical Approach of Alcohol abuse and dependence</p> <ol style="list-style-type: none"> 1. Alcoholic Effects on the Brain 2. Development of Alcohol Dependence 3. The Physical Effects of Chronic Alcohol Abuse 4. Psychosocial Effects of Alcohol Abuse and Dependence 5. Psychoses Associated with Alcoholism <ol style="list-style-type: none"> i. Alcohol withdrawal delirium ii. Alcohol amnestic disorder <p>VI. Drug abuse and dependence</p> <ol style="list-style-type: none"> 1. Drug abuse and dependence 2. Opium and Its Derivatives (Narcotics) 3. Cocaine and Amphetamines (Stimulants) 4. Barbiturates (Sedatives) 5. LSD and Related Drugs (Hallucinogens)
	<p>Stress</p> <p>I. Meaning and characteristics of Stress</p> <p>II. Reactions to Stress</p> <ol style="list-style-type: none"> 1. Psychological Reaction <ol style="list-style-type: none"> i. Cognitive impairment ii. Emotional responses <ol style="list-style-type: none"> a. Anxiety b. Anger and Aggression c. Empathy and depression

<p>UNIT - II</p>	<ol style="list-style-type: none"> 2. Physiological Reaction <ol style="list-style-type: none"> i. Emergency responses ii. General Adaptation Syndrome or GAS <ol style="list-style-type: none"> a. Stage of alarm reaction b. Stage of resistance c. Stage of exhaustion III. Measurement of Stress <ol style="list-style-type: none"> 1. Self-report method 2. behavioural methods 3. Physiological indices method 4. biochemical indicators IV. Categories of Stressors <ol style="list-style-type: none"> 1. stressful life events 2. Conflict of motives 3. Daily hassles 4. Work-related sources 5. Environmental sources 6. Frustration V. Strategies for Coping Stress <ol style="list-style-type: none"> 1. Problem-focused coping strategies <ol style="list-style-type: none"> i. Control strategies ii. Prediction strategies 2. Emotion-focused coping strategies <ol style="list-style-type: none"> i. Behavioural strategies ii. Cognitive strategies <ol style="list-style-type: none"> a. Repression b. Reaction formation c. Rationalization d. Projection e. Displacement f. Denial g. Intellectualization VI. Management of Stress <ol style="list-style-type: none"> 1. Individual approach 2. Environmental change approach
	<p>Psychological causes and physical disorders (As per Psychosomatic disorders old course)</p> <ol style="list-style-type: none"> I. Introduction II. Meaning of Psychosomatic Disorders III. Types of Psychosomatic Disorders IV. Respiratory Disorders <ol style="list-style-type: none"> 1. Bronchial Asthma <ol style="list-style-type: none"> 1) Allergic Asthma 2) Psychogenic Asthma 2. Hay Fever 3. Pulmonary Tuberculosis

<p>UNIT - III</p>	<p>4. Common Cold</p> <p>V. Gastro-Intestinal Disorders</p> <ol style="list-style-type: none"> 1. Excessive Obesity 2. Anorexia Nervosa 3. Peptic Ulcer 4. Ulcerative Colitis 5. Problems of Bowel and Bladder <p>VI. Cardio-Vascular Disorders</p> <ol style="list-style-type: none"> 1. Essential Hypertension 2. Heart Pain 3. Headache 4. Fainting <p>VII. Dermatological Disorders</p> <ol style="list-style-type: none"> 1. Neuroder Matitis 2. Urticaria 3. Acne Vulgaris <p>VIII. Genito-Urinary Disorders</p> <ol style="list-style-type: none"> 1. Disorders of Sexual Functions 2. Menstruation Disorders 3. Urinary Symptoms <p>IX. Other Psychosomatic Disorders</p> <ol style="list-style-type: none"> 1. Migraine 2. Rheumatoid Arthritis 3. Maniere's Syndrome 4. Cancer <p>X. Causes of Psychosomatic Disorders</p> <ol style="list-style-type: none"> 1. Biological Causes <ol style="list-style-type: none"> 1) Inherity 2) Autonomous Nervous System 3) Principle of 'Weak Point' 2. Psychological Causes <ol style="list-style-type: none"> 1) Personality Structure 2) Mental Stress 3) Repressed Emotions 4) Interaction between A Child and Parents 5) Faulty Interpersonal Relations 3. Socio-Cultural Causes <p>XI. Treatment of Psychosomatic Disorders</p>
	<p>Psychologically Based Therapies</p> <p>Mental health</p> <p>I. Introduction</p> <p>II. The concept of mental health</p> <p>III. Movement of mental health</p> <ol style="list-style-type: none"> 1. WHO 2. Indian Movement

UNIT - IV	<p>Psychotherapies</p> <p>I. Introduction</p> <p>II. An over view of Psychological treatment</p> <ol style="list-style-type: none"> 1. What is Psychotherapy? 2. Why People take Psychotherapy? 3. Who gives Psychotherapy? 4. Clinical Relationship in Psychotherapy <ol style="list-style-type: none"> 1) The Therapeutic Alliance 2) Other Motivational Factors for Therapy <ol style="list-style-type: none"> i. Motivation for Change ii. Expectation for Help iii. Professional Skill <p>III. Cognitive and Cognitive Behavioural Therapy</p> <ol style="list-style-type: none"> 1. Types of Cognitive Behavioural Therapy <ol style="list-style-type: none"> 1) Rational Emotive Behaviour Therapy 2) Stress Inoculation Therapy 3) Beck's Cognitive Therapies <p>IV. Humanistic Therapy</p> <ol style="list-style-type: none"> 1. Client - Centered Therapy <ol style="list-style-type: none"> 1) Unconditional Positive Regard 2) Empathy 3) Congruence
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Break up of continuous internal evaluation:

1. Present	05 marks
2. Assignment	05 marks
3. Seminar / Field Visit	05 marks
4. Test	15 marks
Total	30 marks

Basic Text Books:

1. *Abnormal Psychology and Modern Life* -- Carson, Butcher, Mineka Published by Pearson Education (Singapore) 1st Ed. 2003.
2. *Abnormal Psychology and Modern Life* -- James C. Coleman Published by Taraporewala & Co. Pvt Ltd.
3. *Aadhunik Asamanya Manovigyan* (Arunkumar Singh) Published by Motilal Banarsidas
4. Patel M. (1989), 3rd Ed., "*Abnormal Psychology*", University book production board, Ahmedabad.

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Semester – IV

Core 213

Basic Physiological Psychology- II:

Total Marks:	100
Marks: Semester End Examination:	70
Continues Internal Evaluation:	30

Objective:

1. Teaching a Student the basics of biological bases of behavior including Psychophysiology and behavior genetics
2. Teaching a student the Historical background of behavioral biology

UNIT	DETAILED SYLLABUS
Unit – I	<p>PHYSIOLOGICAL BASIS OF PERCEPTION</p> <ol style="list-style-type: none"> 1. Visual perception <ol style="list-style-type: none"> 1.1 Structure and function of Eyes 1.2 Structure of Retina 1.3 Photo chemistry of Retina 1.4 Electrophysiology of Retina 2. Auditory perception 3. Chemical perception (Olfactory and gustatory perception) 4. Somesthetic perception (Custaneous and kineasthetic perception)
Unit – II	<p>SENSORY AND MOTOR MECHANISMS</p> <ol style="list-style-type: none"> 1. Sensory areas and pathways 2. Topographical arrangement 3. Sensory experience 4. Skilled movements 5. Motor and pre-motor areas
Unit – III	<p>PHYSIOLOGICAL BASIS OF MOTIVATION AND EMOTION</p> <ol style="list-style-type: none"> 1. Hunger motivation 2. Thirst motivation 3. Sexual motivation 4. Physiological changes during emotion 5. Theories of emotion <ol style="list-style-type: none"> 5.1. James-Lang Theory 5.2. Canon-Bard Theory

Unit – IV	PHYSIOLOGICAL BASIS OF HIGHER MENTAL PROCESSES AND MENTAL RETARDATION
	1. Physiological basis of learning
	2. Physiological basis of memory
	3. Mental Retardation
	3.1 Types
3.2 Causes	
	4. Improvement in intelligence

Break up of continuous internal evaluation:

1. Present	05 marks
2. Assignment	05 marks
3. Seminar / Field Visit	05 marks
4. Test	15 marks
Total	30 marks

Basic Books:

1. Morgan C.T. : psychological Psychology (3rd Ed) new York Mc Graw Hill book company,1965
2. morgan & king : introduction to psychology(3rd ed.) new York Mc Graw Hill book company 1966
3. Levinthal C.F. : introduction to psysiological psychology (3rd ed) new delhi, prentice-hill of India private limited, 1990 new York Mc Graw Hill book company

Reference Books:

1. Carlson N. R. : foundation of physiological psychology, boston, allyn and bacon inc. 1988
2. Thompson R. E. : Introductions to physiological psychology, new york, Harper & row publishers 1975