

GUJARAT UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
S Y B.A. PSYCHOLOGY
Semester – III
Core 201 & Elective – 20
CHILD DEVELOPMENT-I

Total Marks:	100
Marks: Semester End Examination:	70
Continues Internal Evaluation:	30

Objective:

- (1) To acquaint Students with the basic concepts of CHILD DEVELOPMENT (Child psychology)
- (2) To Provide Students a Perspective of Child Development (Child psychology)

UNIT	DETAILED SYLLABUS
UNIT - I	<p><u>Child Psychology an Introduction:</u></p> <ul style="list-style-type: none"> ❖ Definition ❖ Nature ❖ Scope ❖ Significance
UNIT - II	<p><u>Major Theories In Child Development:</u></p> <ul style="list-style-type: none"> ❖ The Psychoanalytic perspective <ul style="list-style-type: none"> -Freud's Theory -Erikson's Theory ❖ Behaviorism & Social Learning Theory <ul style="list-style-type: none"> -Traditional Behaviorism -Social Learning Theory -Contribution & Limitations of Behaviorism & Social Learning Theory ❖ Piaget's Cognitive & Developmental Theory.
UNIT - III	<p><u>Physical Development & Motor Development:</u></p> <ul style="list-style-type: none"> ❖ Weight & Height. ❖ Bones. ❖ Teeth. ❖ Body Proportions. ❖ Muscles & Fat. ❖ Development of Internal Parts. ❖ Factors Infecting Physical Development. ❖ Gross - Motor & Fine Development in first two years. ❖ Gross - Motor & Fine Development in Early & Middle Child hood.

UNIT - IV	<p><u>Emotional Development:</u></p> <ul style="list-style-type: none"> ❖ Definition. ❖ Emotional Development. ❖ Development of Emotional Expressions. <p style="margin-left: 40px;">-Happiness. -Anger & Sadness. -Fear. -Self Conscious Emotions.</p> <ul style="list-style-type: none"> ❖ Episodes in strange situations. ❖ Overcoming Children's Fears.
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Break up of continuous internal evaluation:

1. Present	05 marks
2. Assignment	05 marks
3. Seminar / Field Visit	05 marks
4. Test	15 marks
Total	30 marks

Basic Text Books:

- 1. CHILD PSYCHOLOGY**, Lister. D. Crow ALITE CROW, Barnes & Noble inc New York, Copy Right 1953. Reprint 1967. (City Arts College Library Page-155.4/CRO/UGC/2885).
- 2. CHILD DEVELOPMENT**, Laura & Berk 6th Edition. Pearson Education, 1st Indian Reprint-2003.
- 3. CHILD PSYCHOLOGY**, A Contemporary view point, 3rd Edition,-E Maris Hetherington, Ross. D. Parke. Mc Crow- Hill International Editions Psychology series, International edition 1986.

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DEPARTMENT OF PSYCHOLOGY
S Y B.A. PSYCHOLOGY**

Semester – III

Core 202 & Elective – 20

Psychopathology - I

Total Marks: 100

Marks: Semester End Examination: 70

Continues Internal Evaluation: 30

Objective: (1) To acquaint Students with the basic concepts of Psychopathology (abnormal psychology)

(2) To Provide Students a Perspective Psychopathology (abnormal psychology)

UNIT	DETAILED SYLLABUS
UNIT - I	<p>Introduction to Abnormal Psychology</p> <p>I. Introduction</p> <p>II. Definition of Abnormal Psychology</p> <p>III. What do we mean by abnormal behaviour</p> <ol style="list-style-type: none"> 1. What is abnormal behaviour? 2. Characteristics of abnormal behaviour <ol style="list-style-type: none"> 2.1 Antisocial Behaviour 2.2 Mental Imbalance 2.3 Poor Adjustment 2.4 Lack of Insightful Behaviour 2.5 Disorganized Personality 2.6 Feeling of Insecurity 2.7 Emotional Immaturity 2.8 Tension and Hypersensitivity 2.9 No Feeling of Remorse 2.10 Lack of Social- Esteem and Self-knowledge 2.11 Lack of Social Adaptability 2.12 Improper Evaluation of Self <p>IV. Approaches (Viewpoint) and Norms of Abnormal Behaviour</p> <p>IV. Personnel in mental health</p> <ol style="list-style-type: none"> 1. Professional Experts <ol style="list-style-type: none"> 1.1 Clinical Psychologist 1.2 Counselling Psychologist 1.3 School Psychologist 1.4 Psychiatrist 1.5 Psychoanalyst 1.6 Psychiatric Social Worker 1.7 Psychiatric Nurse 1.8 Occupational Therapist

	<p>1.9 Pastoral Counsellor</p> <p>2. Semi-Professional Experts</p> <p>1.1 Group-related Mental Health</p> <p>1.2 Counsellor for Addiction</p>
UNIT - II	<p>Defense Mechanisms</p> <p>I. Introduction</p> <p>II. Meaning Of Defense Mechanisms</p> <p>III. Types of Defense Mechanisms</p> <p>1. Attack Mechanisms</p> <p>1.1 Increased effort</p> <p>1.2 Fight into activity</p> <p>1.3 Compensation</p> <p>1.4 Reinterpretation</p> <p>1.5 Compromise</p> <p>2. Blame-Assigning or Attention Diverting Mechanism</p> <p>2.1 Rationalization</p> <p>2.2 Attention-getting behaviour</p> <p>2.3 Identification</p> <p>2.4 Projection</p> <p>3. Flight Mechanism</p> <p>3.1 Fantasy and Day-dreaming</p> <p>3.2 Withdrawal</p> <p>3.3 Repression</p> <p>3.4 Regression</p> <p>IV. Utility of Defense Mechanisms in view point of Adjustment</p>
	<p>Overview of Anxiety Disorders</p> <p>I. Introduction</p> <p>II. Phobic disorders</p> <p>III. Specific Phobia</p> <p>1. Causes of Specific Phobia</p> <p>1.1 Age and Sex Difference in Specific Phobia</p> <p>1.2 Psycho-social Factors</p> <p>1.3 Psychodynamic Viewpoint</p> <p>1.4 Phobia and Learned Behaviour</p> <p>IV. Social Phobia</p> <p>1. Definition</p> <p>2. A Case Study of Pole</p> <p>3. Causes of Social Phobia</p> <p>3.1 Psycho-social and Biological Causes of Social Phobia</p> <p>3.2 Evolutional Reference of Social Phobia and Phobic disorders</p> <p>3.3 Mental Set and Social Phobia</p> <p>3.4 Hereditary and Nature</p> <p>3.5 Perception of Uncontrol</p> <p>3.6 Cognitive Factors</p> <p>4. Treatment of Social Phobia</p>

<p>UNIT - III</p>	<p>4.1 A Case Study of Treatment of Pol</p> <p>V. Panic disorders with and without Agoraphobia</p> <ol style="list-style-type: none"> 1. Agoraphobia without Panic <p>VI. Generalized Anxiety Disorder</p> <ol style="list-style-type: none"> 1. Definition 2. Common Characteristics of Generalized Anxiety Disorder 3. Beginning and Prevalence of Generalized Anxiety Disorder 4. Similarity with Other Disorders 5. Psycho-social Causes of Generalized Anxiety Disorder <ol style="list-style-type: none"> 5.1 Psychoanalytical View point 5.2 Classical Conditioning to many 5.3 The Role of Unpredictable and Uncontrollable 5.4 A Sense of Mastery: Immunizing Against Anxiety 5.5 The Content of Anxious 5.6 The Nature and Function of Worry 5.7 Cognitive Biases for Threatening Information <p>VII. Obsessive Compulsive Disorder</p> <ol style="list-style-type: none"> 1. Definition 2. A Case Study of Mark 3. Prevalence and Age of Onset 4. Characteristics of OCD 5. Types of Obsessive Thoughts 6. Types of Compulsions 7. Consistent Themes
<p>UNIT - IV</p>	<p>SUICIDE</p> <p>I. Introduction</p> <p>II. Meaning of Suicide</p> <p>III. Factors Related to Suicide</p> <ol style="list-style-type: none"> 1. Sex Differences 2. Age 3. Race 4. Religion 5. Marital Status 6. Occupation 7. Climate 8. Physical Health 9. Mental Health 10. Psychiatric Patients 11. Previous Suicidal behaviour <p>IV. General Symptoms</p> <ol style="list-style-type: none"> 1. Hopelessness 2. Inner Conflict 3. Interpersonal Crises 4. self-devaluation 5. Depression

	6. Maladaptive and frustration 7. Sleep Disturbance 8. Stress 9. Communication 10.Emotionality 11.Other Symptoms V. Etiology 1. Socio-Cultural Factors 2. Psychological Factors 2.1Freud’s Theory 2.2Menniger’s Theory 2.3Recent Theory 3. Physiological Factors 3.1Genetics 3.2Neurotransmitter VI. Prevention of Suicide
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Break up of continuous internal evaluation:

1. Present	05 marks
2. Assignment	05 marks
3. Seminar / Field Visit	05 marks
4. Test	15 marks
 Total	30 marks

Basic Text Books:

1. *Abnormal Psychology and Modern Life* -- Carson, Butcher, Mineka Published by Pearson Education (Singapore) 1st Ed. 2003.
2. *Abnormal Psychology and Modern Life* -- James C. Coleman Published by Taraporewala & Co. Pvt Ltd.
3. *Aadhunik Asamanya Manovigyan* (Arunkumar Singh) Published by Motilal Banarsidas
4. Lehner & Kube. *Dynamics of Personal Adjustment*. Prentice Hall (1996)
5. *Psychopathology* (Vinati Aanand) Published by Motilal Banarsidas
6. Patel M. (1989), 3rd Ed., “*Abnormal Psychology*”, University book production board, Ahmedabad.

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Semester – III
Core 203
Basic Physiological Psychology- 1:

Total Marks: 100
Marks: Semester End Examination: 70
Continues Internal Evaluation: 30

Objective:

- (1) Teaching a Student the basics of biological bases of behavior including Psychophysiology and behavior genetics
- (2) Teaching a student the Historical background of behavioral biology

UNIT	DETAILED SYLLABUS
Unit – I	<p>Introduction of Physiological Psychology:</p> <ol style="list-style-type: none"> 1. Definition of Physiological Psychology 2. Nature of Physiological Psychology 3. Scope of Physiological Psychology 4. Approaches to Physiological Psychology <ol style="list-style-type: none"> 4.1 Philosophical approach 4.2 Clinical approach 4.3 Scientific approach.
Unit – II	<p>Methods of Study</p> <ol style="list-style-type: none"> 1. Neuroanatomical methods <ol style="list-style-type: none"> 1.1 Method of Staining 1.2 Method of Degeneration 1.3 Method of Extirpation 1.4 Electrolytic Lesion Method 2. Electrical recording methods <ol style="list-style-type: none"> 2.1 Electroencephalogram 2.2 Method of Evoked Potentials 2.3 Method of micro-electrode 3. Stimulation methods
	<p>Internal Environment:</p> <ol style="list-style-type: none"> 1. Definition of Internal Environment 2. Metabolism

<p>Unit – III</p>	<p>2.1. Meaning of Metabolism 2.2. Proseses of Metabolism 2.3. Behaviour effects of Metabolism 3. Enzymes 3.1. Meaning of Enzymes 3.2. Characteristics of Enzymes 3.3. Functions of Enzymes 3.4. Behaviour effects of Enzymes 4. Hormones (indocrine glands) 4.1 Pituitary gland 4.2 Thyroid gland 4.3 Pancreatic gland 4.4 Adrenal gland 4.5 Gonad gland 5. Vitamins 5.1. Meaning of Vitamins 5.2. Nature of Vitamins 5.3. Function of Vitamins 5.4. Behaviour effects of Vitamins.</p>
<p>Unit – IV</p>	<p>Neuron and Nervous System 1. Structure and Functions of Neuron 2. Nerve impulses * The All or None Principal 3. Part of the nervous System 3.1 Spinal cord 3.2 Brain 3.2.1 Hind brain 3.2.2 Mid Brain 3.2.3 Fore Brain and Cerebral Cortex</p>

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4. Test	15 marks
Total	30 marks

Basic Books:

1. Morgan C.T. : psychological Psychology (3rd Ed) new York Mc Graw Hill book company,1965
2. morgan & king : introduction to psychology(3rd ed.) new York Mc Graw Hill book company 1966
3. Levinthal C.F. : introduction to psysiological psychology (3rd ed) new delhi, prentice-hill of India private limited, 1990 new York Mc Graw Hill book company

Reference Books:

1. Carlson N. R. : foundation of physiological psychology, boston, allyn and bacon inc. 1988
2. Thompson R. E. : Introductions to physiological psychology, new york, Harper & row publishers 1975