

**First Year M.Sc. (Nursing) Examination**  
**Nursing Speciality-I : Psychiatric Nursing**

**Date : 10-04-2019, Wednesday]**

**[Max. Marks : 75**

**Time : 3 Hours]**

- Instructions :** (1) Figure to the right indicate marks.  
(2) Write legibly.  
(3) Draw diagrams wherever necessary.  
(4) Use separate answer book for each section.

**Section -I**

- Q.1.** a) Define Behavioural therapy (2+4+7=13)  
b) Discuss the Theories Behind Behavioural Therapy  
c) Explain the Techniques of Behavioural Therapy
- Q.2.** a) Define Mental Health and Illness. (2+3+5=10)  
b) Explain Mental Health illness Continuum.  
c) Discuss the role of Psychiatric Nurse in various areas.
- Q.3. Write Short Notes (Any three of the following) (3×5=15)**  
a) Manifestation of Low Self-esteem.  
b) Psychological Adaptation to Stress.  
c) Extra Pyramidal symptoms and its management.  
d) ICD'S Classification of Mental Disorders.

**Section-II**

- Q.4.** a) Explain the normal reaction to conception, pregnancy and puerperium. (3+3+6=12)  
b) Problems related to conception, pregnancy and puerperium.  
c) Counseling process in premarital, marital and genetic – write in detail.
- Q.5.** Mr. Arul 25 years got admitted at acute condition with severe psychotic features  
a) Define communication. (2+3+5=10)  
b) Explain how you will communicate with the patient and the family members.  
c) Explain johari window.
- Q.6. Write Short Notes (Any three of the following) (3×5=15)**  
a) Psycho immunology and its implications for psychiatric illness.  
b) Mini mental status examination.  
c) Techniques of promoting assertive behavior.  
d) Psycho analytic theory and role of nurse.
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